

14 Beach Tips You Need to Know Before Hitting the Sand

by Dalphyne Peterz | Nov 29, 2019 | [funattic.com](#), Transfer Complete | 0 comments

Sea breezes, the gentle wind in your hair, and breathtaking sunsets – all reasons to love the beach. And oh, your screaming toddler who just realized sand isn't as sweet as it looks. There's no doubt the beach is fantastic. But if you have your youngins with you and don't know the best beach tips, it can be a nightmare.

The last thing you need is for your kids to start screaming at the beach because they're hungry, and there's sand in all their snacks (no one wants to be that parent). Or worse, losing your personal belongings because your busy running after your children or sleeping.

We get it. When such things keep happening, it might seem like the best solution is to stay at home or wait until the kids are older. But don't let the mishaps intimidate you. Arm yourself with the best beach tips and make every beach day a delight!

The Best Beach Tips for Your Next Trip

We're not all winter people. While some individuals look forward to wearing layers of clothes and their snow boots in preparation for the skiing season, some would rather escape somewhere hot with breathtaking beaches.

And there's no better time to go on vacation like the winter season. You don't have to worry about work or school because it's the holiday season, and most importantly, you get to show off that body you've been working so hard on throughout the year.

However, there's a high chance you've not been spending a lot of time in the sun for a long time. For this reason, you need to prepare adequately to ensure nothing ruins your vacation. And this is where our incredible beach tips come in.

1. The perfect way to protect your phone

Mobile phones have become an extra accessory we can't leave home without carrying. So, there's a high chance you're not planning to leave yours at the hotel when you go to the beach.

But carrying your phone to the beach comes with a lot of anxiety. You have to keep checking to ensure there's no sand or water on it, which can be impossible to do,

considering there's sand and water everywhere.

Fortunately, there's a quick fix for this. Put your phone in a plastic zip-lock bag or [waterproof phone pouch](#), and you're good to go. You'll be able to use the phone with ease, and most importantly, you can rest assured no water or sand will enter.

2. Keep sand at bay

When you're on the beach, getting sand on your body is inevitable. You have to deal with sand on your feet, hands, legs, and arms. And if you want to chill and relax, the feeling of sand on your entire body won't let you do so peacefully.

Instead of trying to wash or rub off the sand, pour some baby powder on it. Within no time, your skin will be sand-free and silky smooth.

3. Hide your cash in plain sight

Most beach lovers will tell you that the best place to hide your valuables at the beach is inside your shoes — we've all done it. But this a rookie move. That's the first place a thief would look.

One of the best beach tips on [hiding money](#) is using a chapstick tube. Roll your bills, place them inside an empty chapstick tube, and put it in your pocket. No one will ever think to look there.

Alternatively, you can use an emptied-out sunscreen bottle or wrap the cash in a baby's [diaper](#).

4. Soothe the burn

The first thing most people who are planning to go to the beach pack is sunscreen. However, if you're not applying the [sunscreen](#) the right way, or doing it religiously when you're out in the sun for a long time, you're bound to get sunburns.

When this happens, the obvious choice is to soothe the burns is aloe vera. And it's an excellent remedy. But what if you don't have access to aloe vera? In such a case, plain yogurt will do the trick. It's readily available and an effective sunburn treatment. Apply it to the affected area, and you'll notice relief after 10 or so minutes.

5. Master the art of sunscreen

Most people use sunscreen at the beach but end up with sunburns anyway. The reason? It boils down to the technique you use when [applying sunscreen](#).

To prevent sunburns and ensure your entire body has maximum protection, apply sunscreen after getting out of the shower. Apply the cream from head to toe, making sure to slather every part. You know you've done it right if you have to wait for it to sink in before getting dressed.

Do this for yourself and your kids, and you may never have to deal with sunburns. It's one of the best beach tips, especially if you have toddlers.

6. Don't be the guy who carries everything

If you've been planning for a beach trip for a while, you probably have an arsenal of the **best beach toys** for the kids and some cool beach accessories for yourself. While it seems like a brilliant idea because everyone will be having fun, it's not.

The last thing you need is to carry a bunch of things your kids won't end up using. It will only increase your load and make it even harder to locate the items when it's time to go. Save yourself the hassle and carry only the things they'll need. A **bucket and shovel** for each child will suffice.

7. Skip the chairs

If you have young kids, chances are they'll spend most of the time running up and down or playing. For this reason, it may be best to leave the chairs at home until they're old enough. Doing so will significantly reduce your load and save you the hassle of setting up.

But if you're not up for sitting on the sand, you can carry **chairs** for the adults accompanying you on the trip.

8. An easy DIY solution for jewelry and hair ties

Trying to find lost jewelry at the beach is an impossible mission. With all the sand and water, you'd need a miracle to locate your jewelry. But don't let it get to this point.

If you have to carry jewelry to the beach, use a pill container to hold your pieces. You can also throw in any extra hair ties you have for easy access. Store this in your beach bag, and you won't have to worry about losing it.

9. The best way to ensure your towel stays put

Having to run after your towel every time the wind blows it away isn't fun. But with our beach tips, you'll never have to go through this embarrassing moment.

The best way to ensure your **towel** stays where you place it is to sew pockets on it. Afterward, place several items in them to weigh it down. After doing this, you can be sure it won't go anywhere. Besides, the pockets give you extra storage space.

Alternatively, you can place heavy objects at the corners to hold the towel down.

10. Bye-bye frizzy hair

Just because you're at the beach doesn't mean you should be looking raggedy. Unfortunately, this can be hard to do when the wind is continuously blowing through your hair and removing the little moisture from it.

Luckily, we have an incredible beach hack that will solve the problem. Mix some coconut oil, lavender oil, and water in a spray bottle and spritz your hair while at the beach. This mixture leaves your hair frizz-free, shiny, and fabulous!

11. Stride with confidence

After a day at the beach, your feet will feel dry and gross, which happens due to the constant stepping on the hot sand.

But don't fret, you can get back your baby-soft feet in a few simple steps. Shower and lather your feet with either Vaseline or lotion and put your socks on. In the morning, your feet should be as good as new.

12. Fuel up for the fun

If you're planning to spend the entire day at the beach, it's essential to have a hearty breakfast. It's so easy to lose track of time when you're having fun, and if your body is not well-fueled, you can quickly get dehydrated.

And if your tagging the kids along, make sure pack lots of snacks for them. There's a high chance they'll drop some in the sand, so it's better to have enough in case this happens.

13. Keep your water levels in check

Drinking a lot of water at the beach is an absolute necessity, so carry a lot of water inside a cooler. If you don't have a [cooler](#), it helps to store the water in your refrigerator before you leave for the beach. This way, it will stay cold longer.

If you have kids, it's best to create a juice and water combo to encourage them to sip more.

14. No one loves a fun sponge

Even with the best beach tips on the planet, you won't have any fun if you're not willing to let loose and have some fun. So don't spend the entire day sleeping or reading. Get up, build a castle, dip your feet in the water, and chase after your kids. It's such memories that make the beach a fun place to be.

Turn the Tide

If you don't know how to enjoy the beach because you're always experiencing challenges, these beach tips will help. So start packing and make your next beach trip the best one yet!

Have you used any of these beach tips before? Did they work? Any more beach hacks you know that we didn't include in this list? Please let us know in the comments section below. We love hearing from our readers.

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