

# Yunmai Premium Smart Scale Review: The Simple Way to Watch Your Weight

by Dalphyne Peterz | Nov 26, 2019 | [smartenyourhouse.com](#), Transfer Complete | 0 comments

If you're a fitness enthusiast, you know the shortcomings of analog scales all too well. From the hard-to-read swingling needles to the suspiciously confusing results, analog scales can be discouraging because they don't give you the real picture. But a Yunmai Premium Smart Scale review or two will tell you that this [smart scale](#) is the solution to your problem.

While this scale won't tell you if your butt looks good in those jeans, it takes the guesswork out of weighing yourself. The Yunmai Premium Smart Scale doesn't just give you your weight reading. It goes a step further by measuring your body fat percentage, water weight, and muscle mass, among other things. As a result, you get a well-rounded picture of your overall health.

Sounds good. But how accurate and reliable is this smart scale, and is it worth the investment?

## About Yunmai Premium Smart Scale

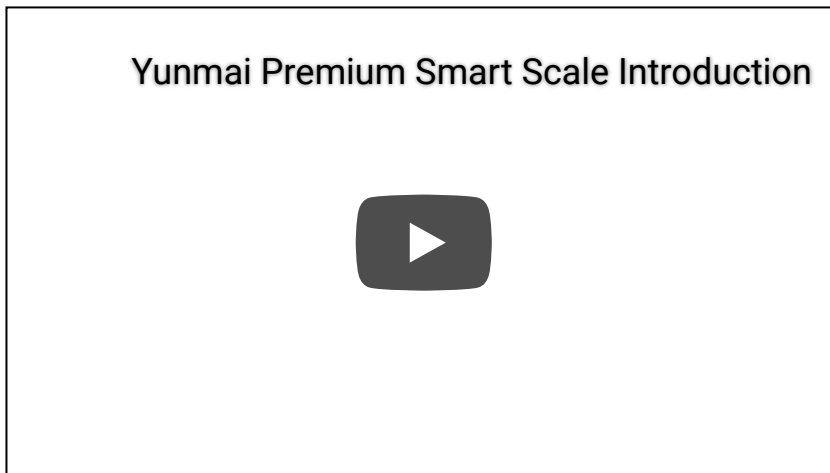
If you're a few weeks into your fitness program and the number on the scale keeps going up, it's understandable to lose motivation. If you're exercising and eating healthy meals, your weight should be going down, right?

Not exactly, It's [possible to gain](#) weight even when you're doing everything right due to some of the changes that take in place in your body when you start working out. Unfortunately, your analog scale won't tell you this. Therefore, you'll end up thinking you're not making progress and give up.

That's where the Yunmai Premium Smart Scale comes in. The scale measures your Body Mass Index, water weight, muscle mass, body age, Basal Metabolic Rate (BMR), visceral fat, protein, bone mass, and fat composition. As a result, you get to understand what's going on inside your body, which allows you to know if you need to tweak your diet or exercise regimen.

While there's isn't much information about the Yunmai company, the smart scale speaks for itself. So let take a closer look at this scale in this Yunmai Premium Smart

Scale review.



## Who is it for?

The Yunmai Premium Smart Scale seems like a product designed for tech-savvy users, primarily due to its smartphone integration feature. However, we can't think of anyone who wouldn't benefit from this smart scale.

Yes, the smartphone app can be quite intimidating if you're not tech-savvy, but you don't need to use it for the essential readings. What's more, the scale has a hassle-free setup process.

From families and professionals to fitness enthusiasts, the Yunmai Smart Scale is a perfect fit for all. However, the manufacturer doesn't recommend it for pregnant women and individuals with pacemakers (more on this later).

## What's in the package?

Similar to the majority of smart scales on the market, what you see is what you get. The package includes the scale, four AAA batteries, and the user manual. To set up the device, put the batteries inside it, and you're good to go.

Other than this, you'll need to download the app to your smartphone and connect it to the scale for complete functionality.

## Features

The main differentiating factor between analog and smart scales is the features. And the Yunmai Premium Smart Scale has some impressive features you'll surely appreciate if you're trading an analog scale for this model. They include:

### Yunmai Premium App

Before you take any measurements, the first thing you need to do is to set up the app and connect it to the scale. It's a straightforward process. Begin by locating the app on either Google Play Store or the App Store, depending on which device you're using.

Next, download the app to your device and wait for it to install. After installation, you'll be required to answer a few basic questions such as your age, height, weight/fitness goals, gender, and others.

You also get to choose your preferred measurement units. The options are kilograms, pounds, or stones. What's more, you can sync the app to fitness apps like MyFitness and Google Fit on Android devices and Apple Health for iOS devices.

Overall, the app provides an overview of your health metrics, thereby making it easy for you to know your body condition.

## FDA Approved

Even though there isn't much information about the Chinese company behind this smart scale, it should be a relief to know that it is among the few fitness brands [listed by USFDA](#).

## Multi-user capability

If you're planning to use this smart scale with your family, you'll be happy to know that it can hold up to 16 users' measurements.

## BIA and Stand-on technology

The Yunmai Smart Scale uses BIA technology and advanced sensors that send harmless electric signals through your body to take your measurements. Afterward, the results are sent to the app and simultaneously displayed on the LCD screen.

Because the scale uses electric signals, it shouldn't be used by pregnant women or individuals who have pacemakers and other medical implants because it may cause an adverse reaction.

The scale takes about 5 to 10 seconds to measure, calculate, and display all 10 parameters.

## Warranty

Almost every Yunmai Premium Smart Scale review raves about the warranty. Yunmai offers a five-year warranty, which is hard to come by with most smart scales. Not to mention, they offer seven-day local customer service.

## How to use the Yunmai Premium Smart Scale

As we mentioned earlier, this smart scale is straightforward to use. Once you've put the batteries in, downloaded, and installed the app and set up your profile, you can begin using it.

Turn on Bluetooth on your device and stand on the scale barefooted, making sure it's on a flat surface. After a few seconds, you should see your weight measurement displayed both on the LCD screen and the app.

To get more health metrics, scroll down the app, locate the measurement you want, and tap on the graph to get detailed translations.

To add other users, tap on the “Me” menu, and select “Family Members.” The “Me” menu has different customization settings and also allows you to sync to apps like FitBit and Apple Health.

## How We Reviewed

We want to give you the most honest Yunmai Premium Smart Scale review. For this reason, we left no stone unturned while gathering information for this review.

We began by analyzing this smart scale’s features paying close attention to ease of use, the measurements it provides, and its overall value for money. We also took into consideration different users’ experience. And finally, we compared the scale to some of the best smart scales on the market to find out whether or not you’re getting the best deal.

## Yunmai Premium Smart Scale Review: Our Thoughts

Based on our findings for this Yunmai Premium Smart Scale review, we believe you shouldn’t think twice about adding it to your arsenal of fitness gadgets.

One of our favorite things about this smart scale is that it’s easy to use, and its app has a userfriendly interface. Not to mention, it has a simple design but still maintains a stylish appearance.

We also love that you can share it with other people without worrying about losing your data. This feature not only makes it convenient but also saves you a lot of bucks since you won’t have to invest in multiple scales.

The fact that you get 10 body readings is also quite impressive. With this information, it’s easier to stay on track and know which changes to make to achieve different results.

The only thing we’re not crazy about is the scale’s readings. You only get your weight reading on the LCD screen, and the rest of the information is on the app. While this may be a perfect setup for tech-savvy individuals, analyzing the app data may be slightly tricky for the less tech acquainted.

## Yunmai Premium Smart Scale Review: What Are Users Saying?

This Yunmai Premium Smart Scale review wouldn’t be complete without including customers’ experience. We went through a variety of customer reviews to get an idea of how the smart scale performs in real settings.

Overall, users are crazy about this smart scale. They love that its slim, sleek, and lightweight. But most importantly, buyers are impressed by the fact that this scale gives so many body readings. According to the majority of users, these readings have made it easier for them to track their fitness progress and make changes where needed.

Some buyers also praised the thoroughness of the app in giving measurements and interpretations. However, some users mentioned that other than the weight, the other readings were inaccurate. And others complained about app complexity and having difficulty interpreting the results.

## Yunmai Premium Smart Scale Review: How Does It Stack up to the Competition

There is no doubt that the Yunmai Premium Smart Scale is an excellent scale. But is there any other scale on the market better than this model? We compared it to three of the top brands on the market. Let's see how it fares.

### eufy Smart Scale

If there's a smart scale that gives Yunmai Premium Smart Scale a run for its money, it's got to be the [eufy Smart Scale](#).

This smart scale is very similar to the Yunmai scale. It has Bluetooth connectivity; it's easy to set up; you can add multiple users and offers you a plethora of body measurements to ensure you're always informed about what going on in your body.

But unlike Yunmai, the eufy scale allows you to add 20 users and provides 14 measurements. However, both scales share the same disadvantage — the LCD screen only gives you the weight reading.

### RENPHO Scale

The [RENPHO scale](#) is also a top contender, and it's not difficult to see why. This smart scale is lightweight, easy to use, and has a very user-friendly app.

One of the things that make it stand out is the fact that it provides 13 body measurements. In addition to this, you can weigh yourself without connecting the scale to the app, which is great for when you need a quick reading.

Compared to the Yunmai Smart Scale, there's no much difference. The only thing that gives the RENPHO scale an upper hand is that it offers more measurements.

### Greater Goods Bathroom Scale

The [Greater Goods](#) Bathroom Scale also shares some similarities with the Yunmai Premium Smart Scale. It's easy to set up and use; it's lightweight, stylish, and gives you multiple health metrics.

But there's one thing that makes this scale a better option. Unlike most smart scales, it doesn't broadcast your results to all devices within reach. It has a 1:1 pairing that ensures you're the only one seeing the results. This feature may come in handy if you plan to share the scale with your household.

### Does It Measure Up?

If you're looking for a reliable, convenient, and easy-to-use smart scale, we highly recommend the Yunmai Premium Smart Scale. It comes with everything you'd want on a smart scale. And it has a unique, stylish design you won't get in most smart weighing scales. It doesn't offer as many health metrics as some of the alternatives we've listed. However, it provides the most critical parameters and gets the job done.

Was this Yunmai Premium Smart Scale review useful? Do you think it's worth the investment? Let us know in the comments section below. We'd love to hear from you.

## Connect



SEO Bullpen © 2020

[About](#) · [Privacy Policy](#) · [Terms of Use](#) · [Sitemap](#) · [Contact](#)